

Before we begin: What is functional MRI?

- □ Broad sense: fMRI refers to any MR technique that goes beyond anatomy to measure aspects of local physiology.
- Specific sense: fMRI refers to MR techniques that measure changes in brain function over
- ☐ "Brain function" results from information processing activity of ensembles of neurons throughout the brain
- Primary goal of fMRI is to detect signal changes corresponding to neuronal activity.

Buxton RB. Introduction to Functional Magnetic Resonance Imaging, 2002. Huettel S, Song AW, McCarthy G. Funcitonal Magnetic Resonance Imaging, 2004.

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Huettel S, Song AW, McCarthy G. Funcitonal Magnetic Resonance Imaging, 20

How	do	we	measure neuronal	activity	with
			MRI?		

- Currently not possible to directly measure neural activity (i.e. electrochemical activity) with MRI
- ☐ Can visualize downstream correlates of neural activity:

Neural Activity

Cellular Energy Metabolism

Hemodynamic properties (blood flow)

☐ The following lectures will discuss the nature of these different aspects of neurophysiology, and to what extent MRI can be used to image them

Overview of Imaging Physiology Block

☐ Lecture 6:

2

- ☐ Brain at baseline: neural activity, energy metabolism, and cerebral blood flow
- "Activated" brain: changes in brain physiology in response to external stimuli, and Introduction to BOLD fMRI

# Overview of Imaging Physiology Block

- Lecture 7:
  - □ BOLD fMRI in-depth
  - Beyond BOLD: state-of-the art fMRI techniques to directly image physiological parameters

Brain at baseline: neural activity, energy metabolism, and cerebral blood flow

# **Baseline Brain Activity**

- ☐ What do we mean by "brain at baseline"?
  - □ Refers to the *intrinsic* functional activity of the brain, as opposed to activity *evoked* through stimulation
- ☐ Brain is *never* in zero-activity state; "resting" and "active" distinctions are actually misnomers
- □ Intrinsic functional activity far greater (60 80% of brain's energy budget) than evoked activity to external stimuli (0.5 to 1%)
- ☐ Next few slides will detail intrinsic processes that are occurring in the brain *all the time*.

Overview

- ☐ Brain "activity" can be naturally divided into three points of study:
  - □ Neural Activity: electrochemical signal conduction
  - ☐ Metabolic Activity: energy production and consumption
  - □ Vascular Activity: cerebral blood flow and perfusion
- ☐ This is a very sophisticated system that is far from understood; we will present a simplified view.

7

# Overview

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# Neural Activity

- ☐ Let's begin with the smallest unit of functional activity in the brain: the neuron\*
- ☐ Human brain has ~100 billion neurons
- □ Neural activity typically originates from ensembles of interconnected neurons communicating via electrical impulses
  - ☐ Integrative Processes
  - ☐ Signaling Processes

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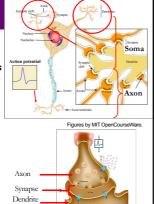
New research suggests that glial cells are more than just support cells; i.e. they have significant functional importance. Note that glial cells outnumber neurons by at least 10:1

9

# Neuronal

Anatomy

- Dendrite: receiving end of neuron, receives and integrates input signals from other neurons
- Soma: provides metabolic and structural support for the neuron
- Axon: transmitting end of the neuron; signals elicited via action potentials to one or more neurons
- Synapse: Specialized junction between dendrite and axon through which information is transferred



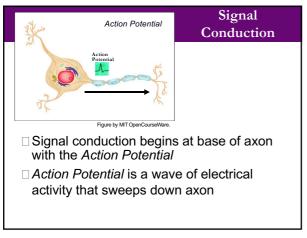
Dendrites

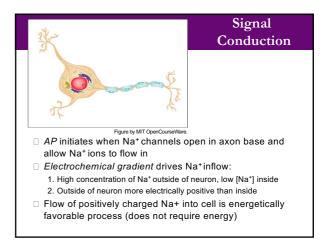
Axon

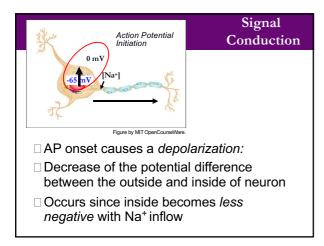
Figure by MIT OpenCourseWare.

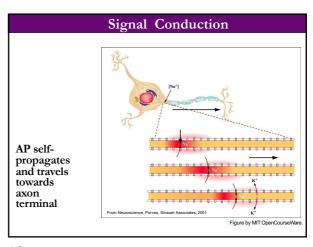
Signal Conduction

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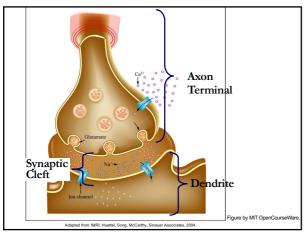


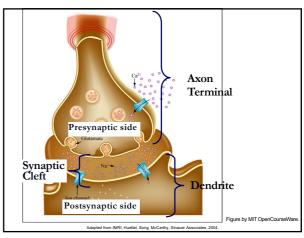




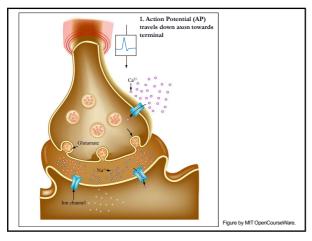


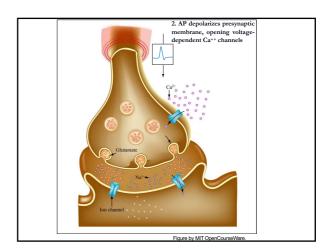
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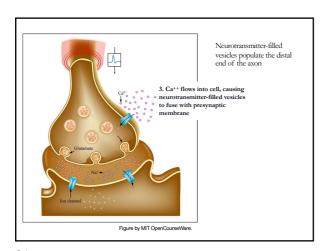


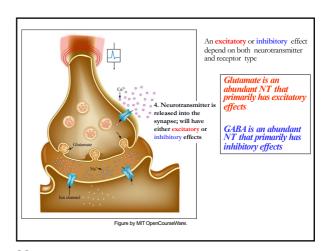


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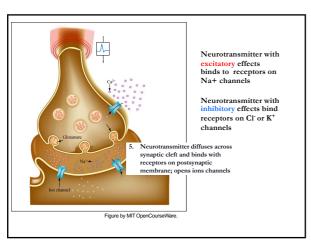


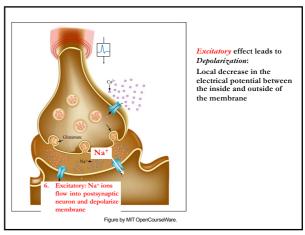




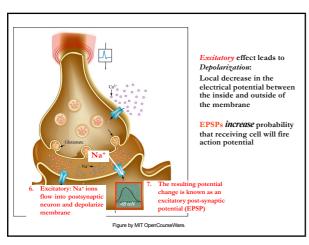


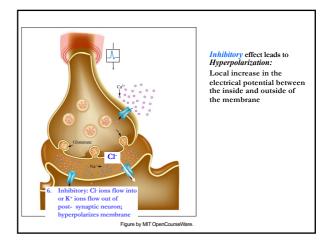
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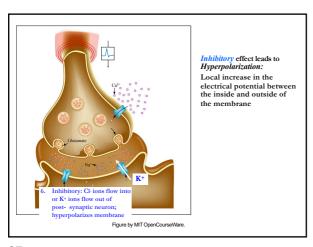


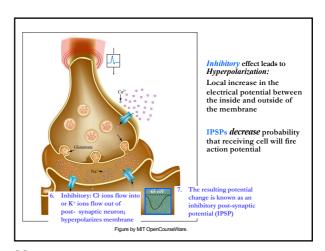


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# Integration leads to signaling

- ☐ Thousands of IPSPs and EPSPs are received by dendrites;
- ☐ **Integration** is the summation of these of these PSPs
- ☐ If the resultant voltage is beyond a threshold, an axon potential is elicited to continue **signaling**

# Summary of neural information processing

- ☐ Information processing is thus the combination of neuronal *integrative* and *signaling* roles
- □ *Integration:* The summation of EPSPs (depolarizations) and IPSPs (hyperpolarizations) from all incoming axons
  - ☐ Integration is affected by unique spatiotemporal characteristics of EPSPs and IPSPs
- ☐ **Signaling:** If summation results in a threshold potential being reached, a new action potential is elicited and sent down axon

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# Overview

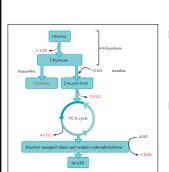
- ☐ Brain "activity" can be naturally divided into three points of study:
  - □ Neural Activity: electrochemical signal conduction
  - ☐ Metabolic Activity: energy production and consumption
  - □ Vascular Activity: cerebral blood flow and perfusion

# **Energy requirements**

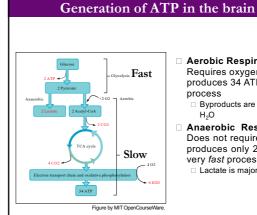
- Postsynaptic potential (EPSPs, IPSPs) and action potential generation depend on electrochemical gradients, ion flow, & neurotransmitter release
- As signaling proceeds, the driving force behind AP/PSP generation is lost, as ion and neurotransmitter stores are depleted
- ☐ For neuronal signaling to continue:
  - 1. Ion concentrations & electrochemical gradients must be re-established for continued ion flow, and
  - 2. Neurotransmitter must be recycled returned to neuron
- These processes require energy; the primary source of free energy in the brain is ATP!

31 32

# Generation of ATP in the brain



- □ Glycolysis
  - $\ \ \square \ \ Consumes \ glucose,$
  - ☐ Produces 2 ATP, Acetyl CoA if O; lactate if no O2
- ☐ TCA Cycle/ Ox Phos
  - □ Consumes O<sub>2</sub>
  - ☐ Produces CO<sub>2</sub>, water and LOTS of ATP



- ☐ Aerobic Respiration:
  - Requires oxygen, produces 34 ATP, slow process
  - ☐ Byproducts are CO₂ and H<sub>2</sub>O
- Anaerobic Respiration: Does not require oxygen, produces only 2 ATP, but very fast process
  - ☐ Lactate is major byproduct

33

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# Reestablishing ion concentrations & electrochemical gradients: Ion pumps

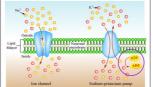
☐ Signal transduction requires ion flow

Figure by MIT OpenCourseWare

- ☐ As ions flow, intracellular and extracellular ion concentrations change
- ☐ Electrochemical gradient which drives ion flow gets depleted
- ☐ For signaling to continue, ion concentrations must be restored for
- ☐ This is done via *ion pumps*

# Ion Pumps

☐ Ion pumps restore electrochemical gradient by pumping ions into or out of neuron



- □ Occurs in both presynaptic and postsynaptic neurons
- ☐ This is a process that requires ATP

35

# Neurotransmitter Recycling\* Neurotransmitter glutamate is released into synapse during most excitatory signaling processes At this point two things must happen: Glutamate must be quickly removed to stop excitatory activity Specific timing and duration of activity is critical for propoer information processing Unchecked stimulation is neurotoxic Glutamate must be returned to presynaptic neuron for future signaling Astrocyte-Neuron Lactate Shuttle is a model that could explain glutamate cycling

\* Will focus on glutamate; other NT beyond scope of lecture

# Neurotransmitter Recycling: Astrocyte-Neuron Lactate Shuttle

- □ NT glutamate is released into synapse after
- □ Na<sup>+</sup>/Glutamate co-transporter on astrocyte passively removes glutamate from synapse
- □ Anaerobic glycolysis generates 2 ATP without O<sub>2</sub>
- ☐ One ATP powers Na+/K+ pump to maintain
- membrane potential

  One ATP converts glutamate to inactive
- glutamine

  Glutamine is returned to neuron

Astrocyte is a *glial cell*, historically considered as primary neuronal support cell\*

37

38

# Energy budget in the brain\* Restoring presynaptic membrane ion concentrations following AP consumes 47% of total energy expenditure Restoring postsynaptic membrane ion concentrations following PSPs consumes 34% Glutamate cycling: 3% \* Data from rodent brain; Atwell & Laughlin, JCBFM 2001

Overview

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# Cerebral Blood Flow (CBF)

- ☐ Supplies **oxygen**, **glucose**, and other nutritive elements to the brain, as needed for neuronal activity and energy metabolism
- □ Removes **CO**<sub>2</sub>, **heat**, other byproducts and toxins
- □ Despite being only 2% of body's weight, the brain receives 20% of its blood flow

# 

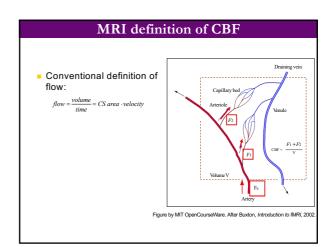
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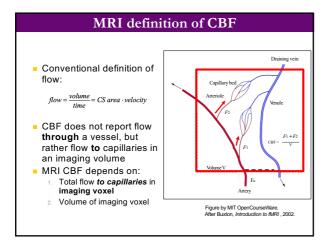
# **Definition of terms**

# (in the context of fMRI)

- □ **Perfusion** describes nutritive delivery of arterial blood to a capillary tissue bed
- □ *CBF* is the rate of delivery of arterial blood to capillary beds of particular mass (or volume)
- □ *CBV* (cerebral blood volume) is the fraction of the tissue volume occupied by microvessels
- $\Box$  **Mean transit time** ( $\tau$ ) is the time it takes blood to flow through a defined volume;  $\tau$  = CBV/CBF



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MRI CBF depends on:

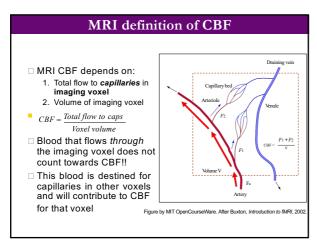
1. Total flow to capillaries in imaging voxel

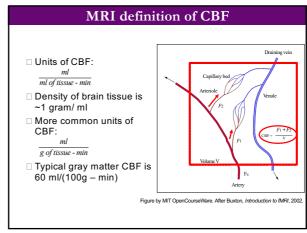
2. Volume of imaging voxel

CBF = Total flow to caps
Voxel volume

Figure by MT OpenCourseWare. After Buxton, Introduction to fMRI, 2002.

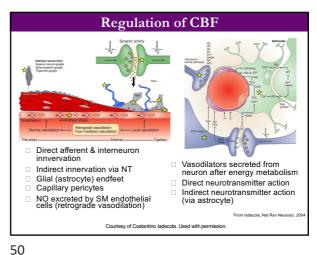
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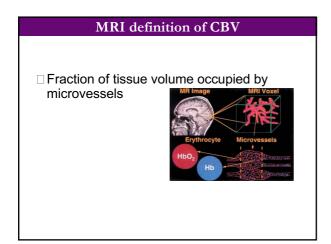


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## Regulation of CBF Modulation of vascular diameter (primarily arteriolar) Vasodilatory substances (NO, CO<sub>2</sub>, K<sup>+</sup>, adenosine) bind with smooth muscle receptors and cause relaxation Smooth muscle relaxation causes an increase in vessel radius; this increases flow by changing vascular resistance ☐ CBF is proportional to r<sup>4</sup> Secretion of vasodilatory substances by neuron during energy metabolism Direct neural innervation by afferents & interneurons Indirect control via astrocyte endfeet Pericyte constriction at capillary level Mechanisms of CBF regulation a highly active area of research!



49



MRI definition of CBV

□ Can divide CBV into capillary, arterial, and venous volumes

□ Microvessels

arteriolar (21%) capillary (35%) venular (46%)

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□ Microvessels

arteriolar (21%) capillary (35%) venular (46%)

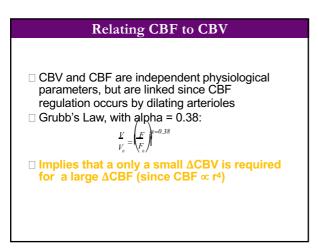
□ Molecular (46%) venular (46%)

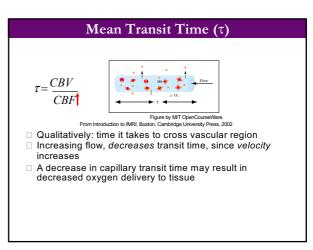
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# □ Three general categories of physiological parameters govern brain function □ Electrical activity at the neuronal level □ Energy metabolism at the cellular level □ Hemodynamics at the microvascular level □ While these parameters are intimately related, they have *very* different spatiotemporal dynamics

The Activating Brain:
Brain physiology in response to external stimuli and

Introduction to BOLD imaging

55

56

# What do we mean by brain "activation"?

- ☐ Even in its baseline state the brain is highly active
- □ "Activation" in the context of fMRI refers to an evoked neural (neuronal) response; i.e. an increase in neural activity in response to an external stimulus
- □ Neural activity can be modulated in many ways

Overview

- Discuss changes in brain physiology during activation, as known from key experimental observations
- Introduce how these changes lead to fMRI via BOLD imaging

57

58

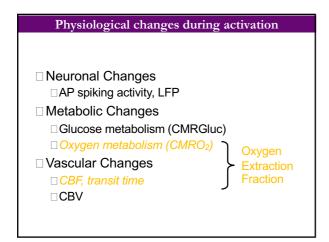
# Overview

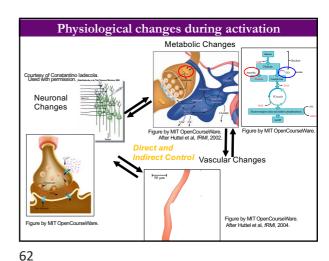
- 1. Discuss changes in brain physiology during activation, as known from key experimental observations
- 2. Introduce how these changes lead to fMRI via **BOLD** imaging

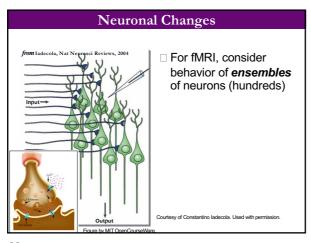
Physiological changes during activation

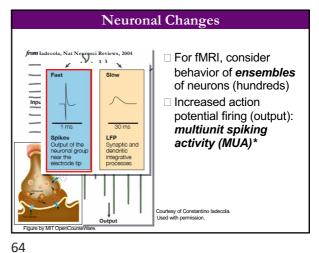
- □ Neuronal Changes
  - □ AP spiking activity, LFP
- ☐ Metabolic Changes
  - $\ \, \Box \, Glucose \,\, metabolism \, (CMRGluc)$
  - □ Oxygen metabolism (CMRO<sub>2</sub>)
- □ Vascular Changes
  - □CBF, transit time
  - □CBV

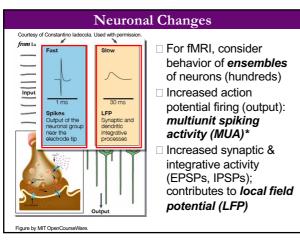
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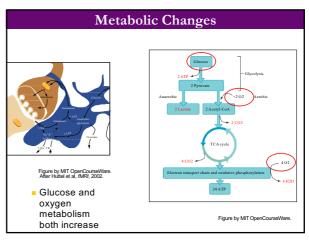




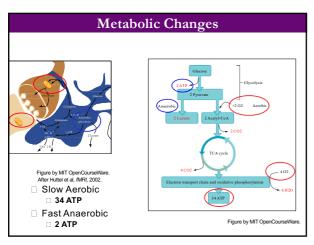


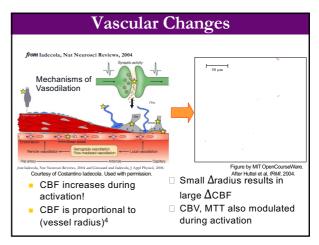


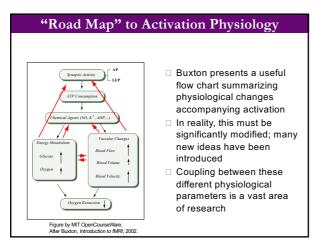




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"Road Map" to Activation Physiology

Current fMRI
techniques focus on
the lower three blocks
No method to directly
measure with
neuronal activity with
fMRI

Figure by MIT OpenCourseWare.
After Busion, Introduction to MRI, 2002.

69 70

# Physiological changes during activation While the physiological events presented in previous slides are correlated, they differ greatly in terms of spatiotemporal characteristics Correlation does not necessarily mean causality! What we do know comes from key experimental observations

Key experimental observations during activation

1. Blood flow (CBF) and glucose metabolism (CMRGlc) increase substantially

2. Oxygen metabolism (CMRO<sub>2</sub>) increases much less than CBF

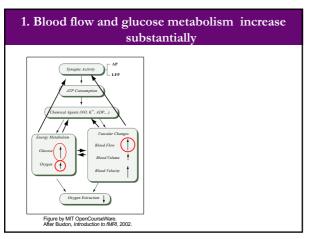
3. Oxygen extraction fraction (OEF) decreases

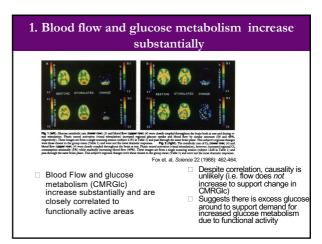
4. CBV increases less than CBF, and temporally lags CBF response

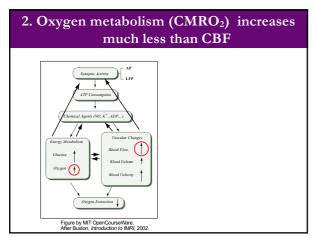
5. CBF increases by increasing blood velocity, not by capillary recruitment

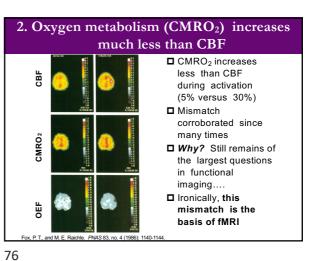
6. CBF increase correlates more strongly to LFP than MUA (spiking) activity

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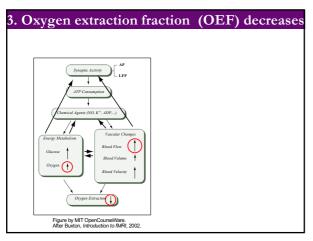








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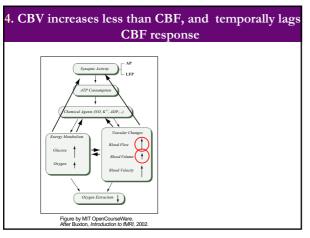
3. Oxygen extraction fraction (OEF) decreases

□ OEF is oxygen consumption (CMRO2): oxygen delivery (CBF), equivalent to:

□ OEF decreases
□ Consistent with CBF/ CMRO2 observation:

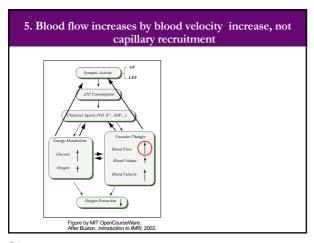
CMRO 2 \infty CBF \infty CBF

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4. CBV increases less than CBF, and temporally lags **CBF** response ☐ CBV is delayed compared to initial CBF response to stimulus, CBV takes longer to 40 return to baseline ☐ Hypothesized as 20 balloon effect of venous vasculature If true, would lead to increased CBV<sub>venous</sub> time (sec) dynamically Copyright © 1999 Wiley-Liss, Inc., a subsidiary of John Wiley & Sons, Inc. Reprinted with permission of John Wiley & Sons., Inc.

79 80



5. Blood flow increases by blood velocity increase, not capillary recruitment

Increasing capillary flow involves either increasing total cross-sectional area or blood velocity:

flow = velocity·cross-sectional area

Recruitment involves opening up previously closed capillaries, increasing overall CS area (occurs in muscles)

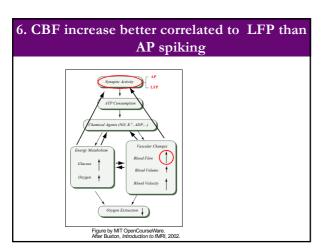
Several studies suggest that this does not happen in brain

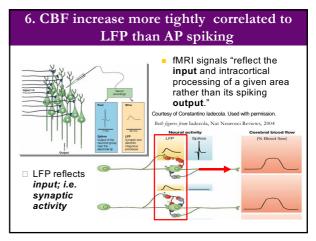
Brain capillary blood flow is primary increased by increasing blood velocity (although there may be slight distention)

Figure by MIT OpenCourselvare.

Velocity and distention

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# Overview

- 1. Discuss changes in brain physiology during activation, as known from key experimental observations
- 2. Introduce how these changes lead to fMRI via **BOLD** imaging

# Relevance for BOLD fMRI

- ☐ These phenomena in concert lead to the BOLD fMRI response
- Greatest contributor: mismatch between CBF increase and CMRO2 increase during activation
- ☐ CBF increase in response to functional activation is called "functional hyperemia"
- ☐ Leads to less deoxygenated hemoglobin in blood and increase in BOLD fMRI signal
- □ Other changes also contribute to BOLD response; details will be covered in next lecture

85 86

## Birth of BOLD fMRI

- □ 1936: Linus Pauling discovered that oxygenated hemoglobin (HbO₂) is diamagnetic, deoxygenated hemoglobin (dHb) is paramagnetic
- 1982: Thulborn published seminal paper showing the dependence of the MRI  $T_2/T_2^{\star}$  relaxation parameter on blood oxygenation level (and hematocrit)
- Concluded that paramagnetic dHb reduces MR signal, and realized hemoglobin as an intrinsic physiological agent that could alter MR signal
- ☐ Possibility arose to use MRI to assay blood oxygenation

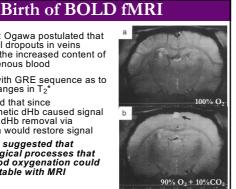
\*Hemoglobin is the principal oxygen carrier in the blood for delivery to the tissues

# Hemoglobin in vascular system dHb Courtesy Elsevier, Inc., http:// ct.com. Used with permission

☐ Late 80's: Ogawa postulated that MR signal dropouts in veins reflected the increased content of dHB in venous blood

87

- □ Imaged with GRE sequence as to target changes in T23
- Postulated that since paramagnetic dHb caused signal drop-out, dHb removal via hyperoxia would restore signal
- ☐ Findings suggested that physiological processes that alter blood oxygenation could be detectable with MRI



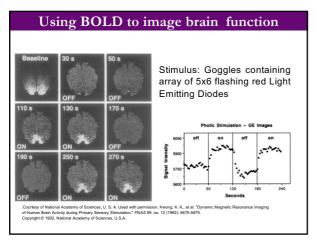
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Ogawa et al, MRM & PNAS, 1990 opyright © 1990 Wiley-Liss, Inc., a subsidiary of John Wiley & Sons, Inc. Reprinted with pe of John Wiley & Sons., Inc.

Using BOLD to image brain function

- ☐ In 1992 three groups independently used BOLD contrast to assay change in brain activity in response to a stimulus
- □ PNAS, Vol 89, June 1992: Ogawa, Kwong (Martinos Center), MRM 1992: Bandettini

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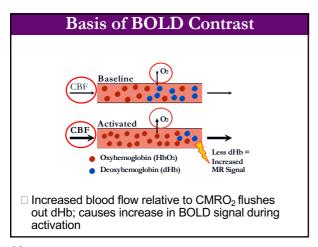
□ Signal went UP in activated areas, suggesting less dHb in activated areas

□ Consistent with Fox & Raichle PET observations: flow increase is much larger than increase in oxygen metabolism

□ Since O₂ delivery (via flow) greatly exceeds consumption (CMRO₂), more oxygenated Hb returns to venous circulation

□ Paramagnetic dHB is washed out and signal increases

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Basis of BOLD contrast

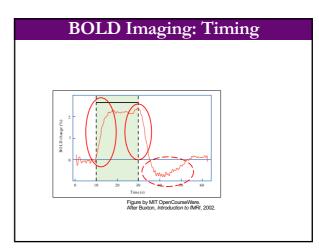
CMRO2

Deaxyhemoglobin
Content

Figure by MT OpenCourseMare.
Aller Baston, Introduction to RMFU, 2002.

93 94

# BOLD Imaging: Timing □ The BOLD response does not instantaneously follow neural activity; and occurs with delay and dispersion □ Since the BOLD response arises primarily from a CBF response, it typically referred to as the "hemodynamic response" □ The modulation of blood flow leads to the fMRI signal



95 96

# Using BOLD to image brain function

- ☐ Sophistication of imaging paradigms, hardware, software, and analysis techniques has increased substantially
- ☐ However, BOLD experiments done today are similar in many ways
- ☐ The BOLD phenomenon is basis of contrast for nearly all fMRI experiments

# Summary

- □ Key physiological (metabolic and vascular) changes follow neuronal activation
- □ BOLD contrast arises from these changes
- □ BOLD is primarily derived from a decrease of dHb during activation, due to a mismatch in flow/ CMRO<sub>2</sub> increase
- □ A simple block-design experiment can be used to detect activation with BOLD
- □ Basic physiological questions still remain, and neurovascular coupling very active area of study

97 98

# Up Next:

- ☐ The BOLD hemodynamic response
- ☐ Linearity of BOLD response
- ☐ Modeling the BOLD signal: a deeper investigation into features and physiological correlates



99